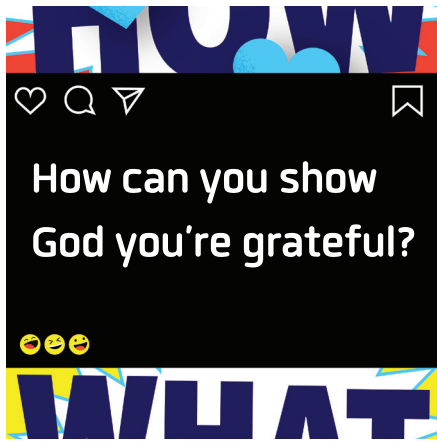


Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Journaling area with horizontal dotted lines for writing.



Day 1

After watching, write one thing that:

Watch this week's episode of The So & So Show by going to: <https://bit.ly/PreteenSundaysatHome>

Even if you already saw it at church, feel free to check it out again!

1. You liked:

2. You learned:

3. You'd like to know:

Day 2

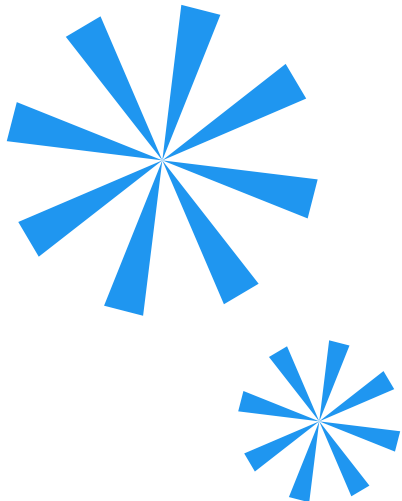
Read 2 Samuel 6:12b-22a

As you read through 2 Samuel 6:12b-22a, circle all the different ways that David and the Israelites celebrated God.

Then compare what you found to the list below.

- ▶ They took the ark to Jerusalem.
- ▶ David made a sacrifice before God
- ▶ David danced
- ▶ They shouted
- ▶ They blew trumpets
- ▶ David made burnt offerings and friendship offerings
- ▶ David blessed the people in the name of the Lord
- ▶ David gave out bread and raisin cakes

David and the Israelites showed us that there are many different ways to celebrate what God has done!



Day 3

Have you ever tried to pray while you were dancing?

It may feel a little silly, but it also might give you some idea of the sort of gratitude that David had for God. He didn't care who saw him dancing.

Turn on some upbeat worship music and dance however feels comfortable to you. As you dance, think about all the reasons you have for celebrating God. You can pray out loud or simply think the words in your head. Dance and **celebrate what God has done.**

Day 4

How can you show God you're grateful?

One of the best ways to celebrate what God has done is by sharing it with others—and letting them hear your stories about God's faithfulness. Invite a friend to grab a treat for a little celebration—maybe some warm apple cider or hot cocoa—and share with each other what God has been doing in your lives. Before you end your celebration, take some time to pray and express gratitude for all that God has done.



Day 5

Did you know that when you go to church and your small group, you are celebrating what God has done?!

It's true! So make a plan with your family to attend as many services and church events as you can for the rest of this year. Explain to your parent what you've been learning about gratitude and how you want to **celebrate what God has done** as a family.

If you already attend services, think about a way you can get more involved: serving God is a great way of showing gratitude for all that God has done!